

# STUDIO FITNESS CLASS SCHEDULE

Monday - 9:15am, 12:15pm, 7pm –  
Tuesday -10:00am – circuit class, 12:45pm, 7pm  
Wednesday – 9:15am, 12:15pm, 7pm-  
Thursday – 10:00am, 12:45pm, 7pm  
Friday – 9:15am

## NOTE

10:00am classes are **40 min circuit class**

9:15 am, 7pm are **45-50 min.**

12:15 & 12:45 are **30 min classes**

All 9:15am, 10:00am, 7pm and Sat. class fees are \$50.00

12:15 & 12:45 classes are \$45.00

## CLASS FEES

For: 4 wks @3X/wk

OR 6 wks @2X/wk

**Pilates – Tuesday – 6pm**

**Aerobic Kick Box – Mon. – 6pm**

**Yoga – Thursday – 6pm**

**FEE for: Pilates, Yoga & Kick Box**

**\$70.00 for 6 wks @1X/wk**

**Kid Fit – Wednesday – 6:15pm**

**Kid Fit - \$50.00 for 6 wks @1X/wk**

**Stroller Fit – Tues. & Thurs 3pm - \$75.00-6wks**

Missed classes cannot be added on, or carried over – however, you may attend another scheduled class within your time period

**ALL CLASSES, PRICES AND TIMES ARE SUBJECT TO CHANGE**

