

STUDIO FITNESS
@ SIXTH AVENUE
GOLF AND COUNTRY CLUB
PRESENTS
THE 1ST ANNUAL
BATHING SUIT CHALLENGE
CONTEST RULES.

Contest begins Jan 18/10 to May 3/10

All participants must be registered in a program at the Studio. (Any class, and or personal training)

Bring in a bathing suit that you would like to get into this summer that is a minimum of 1 size to SMALL from what you are presently wearing. We will take a picture of you in that bathing suit (all pictures will be kept on file and confidential). The bathing suit will be hung in the Studio with your name attached.

On MAY 3/10 you will again try on the same bathing suit, and have your picture taken.

The BEFORE and AFTER pictures will then be judged by the Studio Training Staff. There will be a 1st, 2nd and 3rd PRIZE.

The Prizes will be awarded to the top 3 people have successfully achieved the goal of losing enough inches and weight to fit into their bathing suit, and look 'SMOKIN HOT'

1st PRIZE: 3 MONTHS FREE PERSONAL TRAINING
2ND PRIZE: 2 MONTHS FREE PERSONAL TRAINING
3RD PRIZE: 1 MONTH FREE PERSONAL TRAINING.

GET READY FOR SUMMER NOW!!